



# Waste-Free Lunch

**CHALLENGE**

## Fridge Packing Reminder

Yes please	Please avoid
REUSABLE lunch container	AVOID paper or plastic bags
REUSABLE container (Tupperware, plastic)	AVOID plastic wrap, foil, wax, or styrofoam
REUSABLE drink bottle or thermos	AVOID single-use containers
CLOTH NAPKIN to wash and re-use	AVOID paper napkins
CUTLERY/SILVERWARE to wash and re-use	AVOID plastic forks/spoons
HEALTHY snacks!	AVOID over-packaged snacks



A program of  
The Recycling  
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